

HOW CAN I REGISTER FOR THE COURSE?

Attendance will be free of charge however advance registration is **essential**

Numbers will be restricted to 60

Please call

Regina Prenderville on

01 854 5172

Leave message on voice mail & your call will be returned

Alternatively you can email

pha@mater.ie

All emails will be acknowledged



COURSE FOR CARERS

Will be held in the

**Nurse Education Centre
Mater Misericordiae University Hospital
Nelson Street, Dublin 7**

Dates: 13th Sept, 20th Sept, 27th Sept, 4th Oct 2017

Time: 6.30 – 8.00 pm

Introduction: The diagnosis of a neurological disease can be a life changing experience, not only for the patient but also for their spouse / partner who often becomes the carer of their loved ones. Many experience emotional, social and financial changes when it is not only the patient who can no longer participate in the workforce. This course is designed to help carers feel less isolated and helpless. We hope this formal programme of education will help to stimulate conversation, answer questions, alleviate fears and help to form new friendships and support. Thanks to the fundraising efforts of our supporters, we are happy to be able to provide this course free of charge.

There are over 700,000 people in Ireland affected by a neurological disease. This includes 1 in 5 hospital admissions. However there are only 34 Consultant Neurologists in Ireland to cater for these patients. This number is far below European and International standards. We understand the stress of obtaining appropriate support for your loved ones and hope this course will help you. The education programme commences on 6th September at 6.30pm in the Nurse Education Centre, Nelson Street, Dublin 7.

Programme

13th Sept 6.30 pm	Dealing & managing changes in your life	Dr Damien Lowry Consultant Psychologist Mater University Hospital
7.00	Services in the Community	TBC Public Health Nursing HSE
7.30	Information on Entitlements	Ms Jill Farrelly Team Supervisor Dublin City Centre Citizens Information Service
20th Sept 6.30 pm	Drugs supply & administration	Ms Marie Murphy Clinical Pharmacist Mater University Hospital
7.00	GP Support to Carers	Dr Mel Bates General Practitioner
7.30	Think Ahead - Planning for the future	Ms Angela Edghill Advocacy & Public Engagement Manager Irish Hospice Foundation
27th Sept 6.30 pm	Advanced Healthcare Directives Note: <i>It would be good if the patient could attend on this night also.</i>	Ms Mary Condell Legal Advisor, SAGE Support & Advocacy Service
7.00	Assisted Decision Making (Capacity) Act 2015	“ “
7.30	Enduring Powers of Attorney	“ “
4th Oct 6.30 pm	Coping with a Neurological Disease – emotional impact and practical concerns	Ms Megan Campbell Social Worker Mater University Hospital
7.00	The Role of Physiotherapy & Exercise	To be confirmed
7.30	Advice from and for the Carer ...There is help out there....	TBC Paul O Mahoney Family Carers Ireland